



# Mother Nature's Food August 2016

## New Gluten Free

Make gluten free baking easy with these delicious mixes!

Ardenne Farm  
**Pancake & Waffle**



**\$3.29**  
Reg. \$4.29

Ardenne Farm  
**Fudge Brownie**

## One Day Sale!

Stop in for **10% off** all supplements, regular and sale price!

We will also have taste testing and prize baskets worth \$50 and up!!

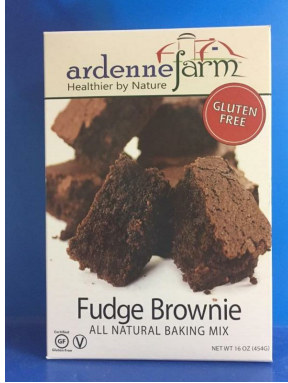
Come in on  
**Tuesday, August 16th**  
to see these great prize baskets and for your chance to win!!

## New

Renew Life  
3 Day  
Cleanse

High Brew  
Cold Brew  
Coffee

Perfect Sense  
Pearled  
Sorghum



**\$3.09**  
Reg. \$4.09

**Ardenne Farm  
Cinnamon Crunch  
Muffin & Crumb Cake**



**\$4.49**  
Reg. \$5.99

Try these awesome gluten free cookies for a perfect treat! Available in Chocolate Chip, Chocolate Chip with Orange Bits, and Soft Honey Ginger

**Nostalgic Bakery**



**\$6.99**  
Reg. \$7.99  
Feeling backed up, bloated, sluggish, or not quite yourself? Try this easy 3 day cleanse.

**NOW  
Smiles for Miles**



**\$12.99**  
A great uplifting blend containing orange, bergamot, grapefruit, lime, lemon, natural vanilla in jojoba oil, cinnamon bark, nutmeg, and ginger.

**Torie & Howard  
Hard Candy**



**\$2.89**  
Reg. \$3.89  
Available in Lemon & Raspberry, Pear & Cinnamon, and Pomegranate & Nectarine.



**\$2.29**  
Reg. \$2.79  
Available in Espresso and Black & Bold

**Jim's Organic  
Coffee**



**\$12.89**  
Jo-Jo's Java Whole Bean  
**\$15.40**  
Together Decaf

**Torie & Howard  
Chewie Fritties**



**\$2.89**  
Reg. \$3.79  
Organic fruit chews are free of soy, wheat, artificial dyes, corn syrup, casein, nuts, gluten, GMOS and dairy.



**\$3.99**  
Red pepper pearled sorghum makes the perfect side dish with 4g of fiber and 6g of protein per 1/4 cup

**Keenwah  
Quinoa Clusters**



**\$1.69**  
Pick up this gluten free healthy snack today!

**Munk Pack  
Fruit Squeezes**



**\$2.49 ea**  
Available in Blueberry Acai Flax Oatmeal, and Apple Quinoa Cinnamon Oatmeal



**\$3.99**  
Reg. \$5.09

Solaray  
D-Mannose



**\$22.19**  
Reg. \$29.59

KAL  
Calcium Citrate



**\$10.49**  
Reg. \$13.99

Simplers  
Calm Within



**\$11.29**  
Reg. \$14.99

Natural Factors  
B12 5000mcg



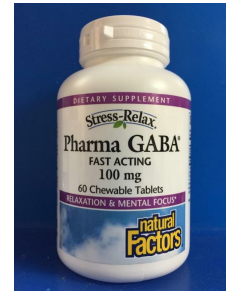
**\$13.99**  
Reg. \$21.95

Natural Factors  
PS



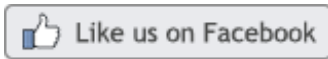
**\$23.99**  
Reg. \$37.95

Natural Factors  
Pharma GABA



**\$20.99**  
Reg. \$29.95

Don't  
forget to



\*All prices are subject to change and are based on availability

Monday-Friday: 9am-7pm  
Saturday: 9am-5pm  
Sunday: CLOSED



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